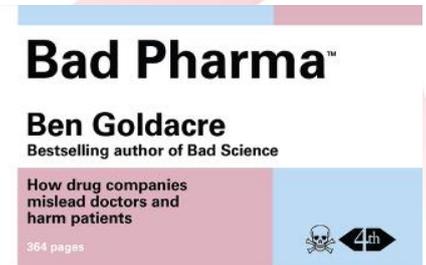
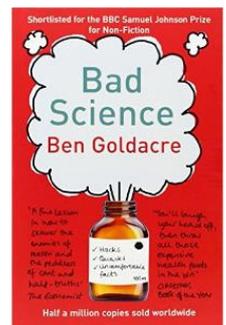


Psychology Reading List

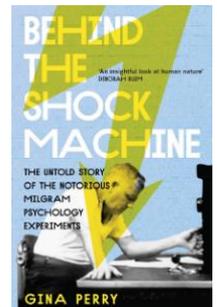
- Bad Pharma by Ben Goldacre
 - **What's it about?** How pharmaceutical companies employ sneaky techniques to make their drugs look better than they are.
 - **What topics is it useful for?** Research methods, Psychopathology, Schizophrenia.
 - **Difficulty Level:** *****
 - **Rating:** *****



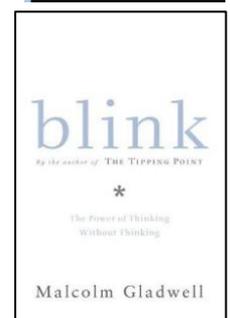
- Bad Science by Ben Goldacre
 - **What's it about?** How to do research properly.
 - **What topics is it useful for?** Research methods, Psychopathology, Schizophrenia.
 - **Difficulty Level:** *****
 - **Rating:** *****



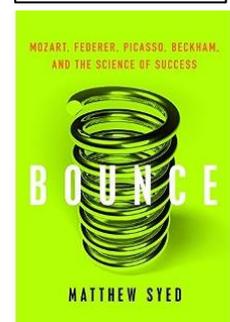
- Behind the Shock Machine by Gina Perry
 - **What's it about?** The real story behind the Milgram obedience research.
 - **What topics is it useful for?** Social influence, Research methods, Issues and debates.
 - **Difficulty Level:** **
 - **Rating:** *****



- Blink by Malcolm Gladwell
 - **What's it about?** The psychology of success.
 - **What topics is it useful for?** Research methods.
 - **Difficulty Level:** ***
 - **Rating:** ***



- Bounce by Matthew Syed
 - **What's it about?** The psychology of success in sport.
 - **What topics is it useful for?** Research methods.
 - **Difficulty Level:** ***
 - **Rating:** ***



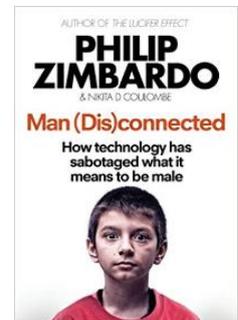
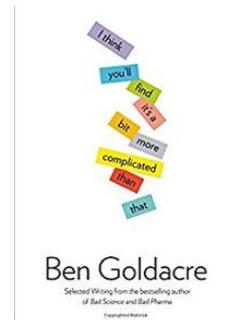
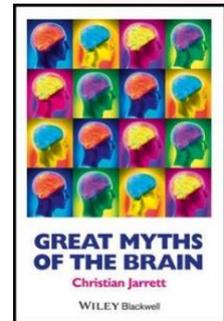
- Forever Today by Deborah Wearing
 - **What's it about?** True story of a famous amnesiac patient.
 - **What topics is it useful for?** Memory, Biopsychology.
 - **Difficulty Level:** **
 - **Rating:** ****

- Great Myths of the Brain by Christian Jarrett
 - **What's it about?** The myths surrounding the world's most complex computer.
 - **What topics is it useful for?** Research methods, Psychopathology, Biopsychology.
 - **Difficulty Level:** ***
 - **Rating:** ***

- I think you'll find it's a bit more complicated than that by Ben Goldacre
 - **What's it about?** A collection of articles about how research should be done correctly.
 - **What topics is it useful for?** Research methods, Psychopathology, Schizophrenia.
 - **Difficulty Level:** ****
 - **Rating:** ****

- Man (Dis)connected by Philip Zimbardo
 - **What's it about?** Why men are failing in modern society.
 - **What topics is it useful for?** Research methods, Social influence.
 - **Difficulty Level:** ***
 - **Rating:** **

- Night School by Richard Wiseman
 - **What's it about?** Sleep
 - **What topics is it useful for?** Biopsychology.
 - **Difficulty Level:** ***
 - **Rating:** *****



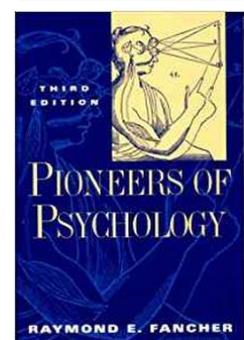
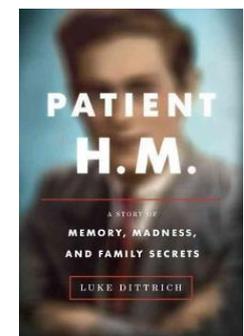
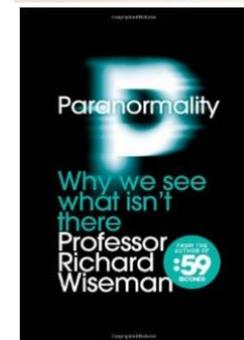
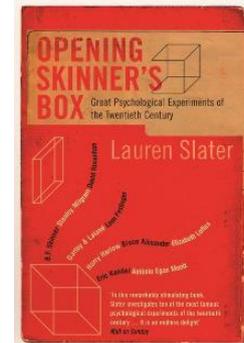
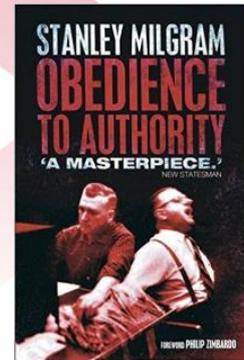
- Obedience to Authority by Stanley Milgram
 - **What's it about?** Milgram's famous shock experiments.
 - **What topics is it useful for?** Research methods, Social Influence, Aggression, Issues and Debates.
 - **Difficulty Level:** *****
 - **Rating:** **

- Opening Skinner's Box by Lauren Slater
 - **What's it about?** A collection of short summaries of famous psychology studies.
 - **What topics is it useful for?** Research methods, Psychopathology, Social Influence, Memory, Attachment, Biopsychology.
 - **Difficulty Level:** ***
 - **Rating:** *****

- Paranormality by Richard Wiseman
 - **What's it about?** The psychology behind ghosts, ghouls and the paranormal.
 - **What topics is it useful for?** Research methods.
 - **Difficulty Level:** **
 - **Rating:** ***

- Patient H.M. by Luke Dittrich
 - **What's it about?** The most famous case study in psychology, H.M.
 - **What topics is it useful for?** Memory, Biopsychology, Issues and debates.
 - **Difficulty Level:** ***
 - **Rating:** *****

- Pioneers of Psychology by Raymond Fancher
 - **What's it about?** The history of psychology.
 - **What topics is it useful for?** Approaches, Biopsychology, Issues and debates.
 - **Difficulty Level:** *****
 - **Rating:** ****



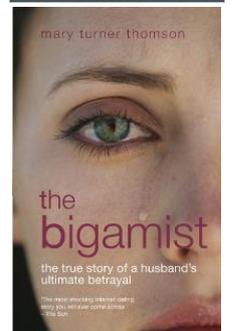
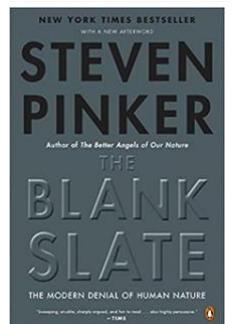
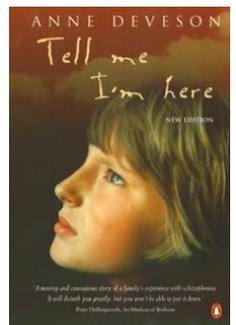
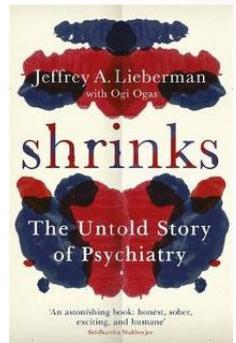
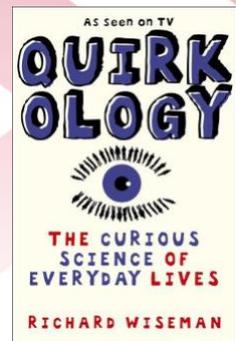
- Quirkology by Richard Wiseman
 - **What's it about?** A collection of weird and wonderful psychology studies.
 - **What topics is it useful for?** Research methods, Psychopathology, Memory, Social influence, Attachment, Aggression, Relationships.
 - **Difficulty Level:** **
 - **Rating:** ****

- Shrinks by Jeffrey A. Lieberman
 - **What's it about?** The history of mental health treatment.
 - **What topics is it useful for?** Psychopathology, Schizophrenia, Approaches, Biopsychology.
 - **Difficulty Level:** ****
 - **Rating:** ****

- Tell me I'm here by Anne Deveson
 - **What's it about?** True story of a mother whose son has schizophrenia.
 - **What topics is it useful for?** Psychopathology, Schizophrenia.
 - **Difficulty Level:** **
 - **Rating:** ****

- The Blank Slate by Steven Pinker
 - **What's it about?** A look at how human behaviour is substantially shaped by evolutionary psychological adaptations.
 - **What topics is it useful for?** Approaches, Debates.
 - **Difficulty Level:** ****
 - **Rating:** ****

- The Bigamist by Mary Turner Thomson
 - **What's it about?** A true story of a woman's life with a psychopath.
 - **What topics is it useful for?** Psychopathology.
 - **Difficulty Level:** *
 - **Rating:** ****



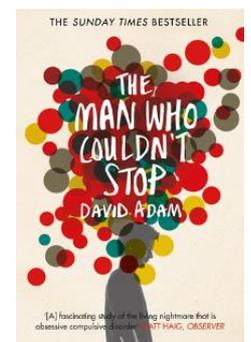
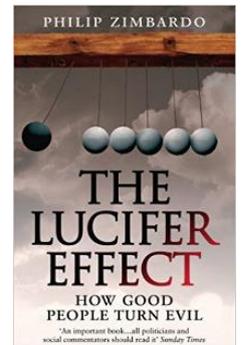
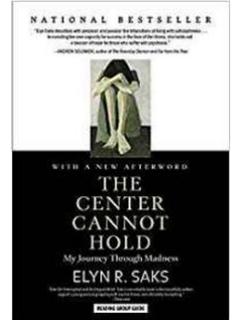
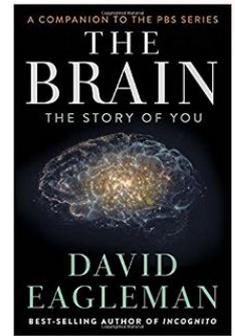
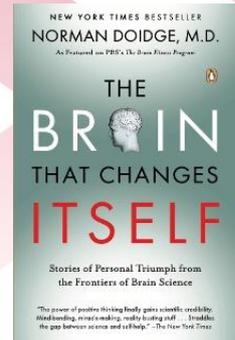
- The Brain that Changes Itself by Norman Doidge
 - **What's it about?** How our brains are plastic and can physically change throughout our lives.
 - **What topics is it useful for?** Research methods, Psychopathology, Memory, Biopsychology.
 - **Difficulty Level:** ****
 - **Rating:** *****

- The Brain: The story of you by David Eagleman
 - **What's it about?** How the brain influences our behaviour.
 - **What topics is it useful for?** Psychopathology, Schizophrenia, Biopsychology, Attachment, Memory, Aggression.
 - **Difficulty Level:** ****
 - **Rating:** *****

- The Centre Cannot Hold by Elvyn R. Saks
 - **What's it about?** An autobiography of someone who has survived schizophrenia.
 - **What topics is it useful for?** Research methods, Psychopathology, Schizophrenia.
 - **Difficulty Level:** **
 - **Rating:** ***

- The Lucifer Effect by Philip Zimbardo
 - **What's it about?** The Stanford Prison study.
 - **What topics is it useful for?** Research methods, Social influence, Aggression.
 - **Difficulty Level:** ****
 - **Rating:** ***

- The man who couldn't stop by David Adam
 - **What's it about?** The history of OCD told from the perspective of someone with the disorder.
 - **What topics is it useful for?** Psychopathology, Approaches.
 - **Difficulty Level:** ***
 - **Rating:** *****



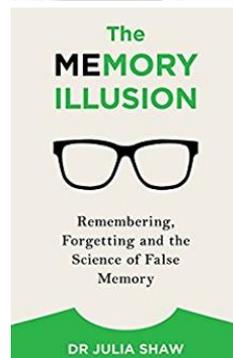
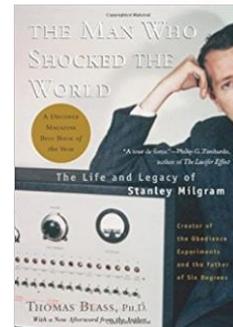
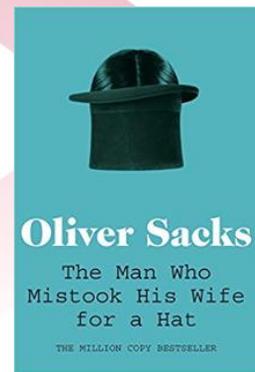
- The man who mistook his wife for a hat by Oliver Sacks
 - **What's it about?** Interesting case studies of brain-damaged patients.
 - **What topics is it useful for?** Approaches, Issues and debates, Biopsychology.
 - **Difficulty Level:** *****
 - **Rating:** ***

- The man who shocked the world by Thomas Blass
 - **What's it about?** A biography of Stanley Milgram.
 - **What topics is it useful for?** Social influence, Aggression, Approaches.
 - **Difficulty Level:** ***
 - **Rating:** ****

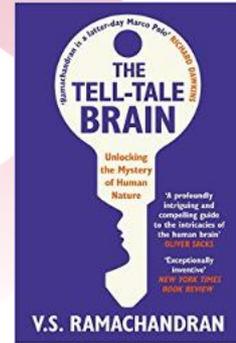
- The memory illusion by Julia Shaw
 - **What's it about?** Problems with memory, particularly eye witness testimony.
 - **What topics is it useful for?** Research methods, Memory.
 - **Difficulty Level:** ***
 - **Rating:** *****

- The psychopath test by Jon Ronson
 - **What's it about?** A journalist's investigation into what makes someone a psychopath.
 - **What topics is it useful for?** Research methods, Psychopathology, Issues and debates.
 - **Difficulty Level:** ***
 - **Rating:** *****

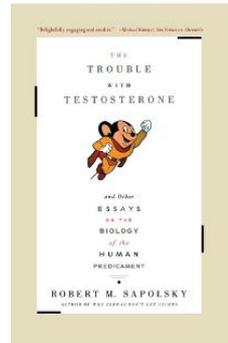
- The Skeleton Cupboard by Tanya Byron
 - **What's it about?** A collection of stories from the early career of a clinical psychologist.
 - **What topics is it useful for?** Psychopathology, Schizophrenia.
 - **Difficulty Level:** **
 - **Rating:** ****



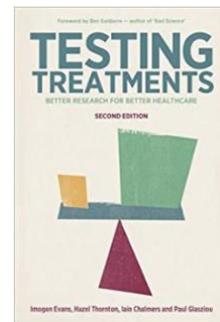
- The Tell-Tale Brain by V.S. Ramachandran
 - **What's it about?** The way the brain perceives the world.
 - **What topics is it useful for?** Research methods, Biopsychology.
 - **Difficulty Level:** *****
 - **Rating:** ***



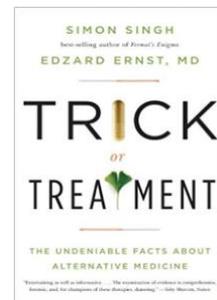
- The Trouble with Testosterone by Robert Sapolsky
 - **What's it about?** The effect of testosterone on human behaviour, namely aggression.
 - **What topics is it useful for?** Aggression, Biopsychology, Approaches.
 - **Difficulty Level:** ****
 - **Rating:** ***



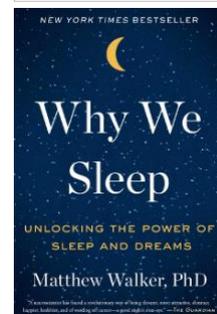
- Testing Treatments by Imogen Evans
 - **What's it about?** How to do research properly.
 - **What topics is it useful for?** Research methods, Psychopathology, Schizophrenia.
 - **Difficulty Level:** *****
 - **Rating:** ****



- Trick or Treatment by Simon Singh and Edzard Ernst
 - **What's it about?** Bogus science and how to detect it.
 - **What topics is it useful for?** Research methods, Psychopathology, Schizophrenia.
 - **Difficulty Level:** ****
 - **Rating:** ****



- Why We Sleep by Matthew Walker
 - **What's it about?** Why we sleep!
 - **What topics is it useful for?** Research methods, General Interest.
 - **Difficulty Level:** ***
 - **Rating:** ****



- Why love Matters by Sue Gerhart
 - **What's it about?** Why loving relationships are essential to brain development.
 - **What topics is it useful for?** Attachment.
 - **Difficulty Level:** ***
 - **Rating:** *****

